Chevy Chase Village
Announces Classes for Fall 2015

Chevy Chase Village is pleased to announce the following classes that will be held in the Village Hall this Fall. Please complete one registration form for each class and return with a **check** for the fee as noted under the class description **made payable to the instructor** to:

Chevy Chase Village, 5906 Connecticut Avenue, Chevy Chase, MD 20815.

Children's Classes

Creative Movement (2yrs) - 10/1—12/10

Thursdays: 10:00—11:00 a.m.

$120 per 10-week session—Residents

$150 per 10-week session—Non-residents

Instructor: Paula Brassfield

Minimum enrollment: 6 students

NO CLASS: November 26

Make check payable to: **Paula's Fantasy Theater**

Drama & Dance (5-7yrs) - 10/1—12/10

Thursdays: 4:00—5:00 p.m.

$120 per 10-week session—Residents

$150 per 10-week session—Non-residents

Instructor: Paula Brassfield

Minimum enrollment: 6 students

NO CLASS: November 26

Make check payable to: **Paula's Fantasy Theater**

Pre-Ballet (3 yrs) - 10/1—12/10

Thursdays: 12:30—1:30 p.m.

$120 per 10- week session—Residents

$150 per 10-week session—Non-residents

Instructor: Paula Brassfield

Minimum enrollment: 6 students

NO CLASS: November 26

Make check payable to: **Paula's Fantasy Theater**

Music for Toddlers (1-4 years) - 9/29—11/17

FULL

Tuesdays: 10:00—11:00 a.m.

$140 per 8-week session—Residents

$170 per 8-week session—Non-residents

Instructor: Amber Dutton Henlon

Minimum Enrollment: 5 students

Make check payable to: **Meadowlark Music**

Pre-Ballet (4-5 yrs) - 10/1—12/10

FULL

Thursdays: 3:00—4:00 p.m.

$120 per 10-week session—Residents

$150 per 10-week session—Non-residents

Instructor: Paula Brassfield

Minimum enrollment: 6 students

NO CLASS: November 26

Make check payable to: **Paula's Fantasy Theater**

Power-Tots (18 months—12 yrs) - 9/25—11/13

Fridays: Two sessions between 10:00—11:00a.m. (Depending on the number of enrollments)

REVISED PRICE!

$96* per 8-week session—Residents

$120* per 8-week session—Non-residents

Instructor: Caroline Thigpen

Minimum Enrollment: 12 students

Make check payable to: **Power-Tots**

***Tuition payable by credit card on the first day of class to this instructor**

Adult Classes

Body-Balance Yoga - 9/23—11/18

A unique approach to yoga that combines a cutting-edge yoga therapy system based on deep awareness of body-mind integration and applies structural integration (connective tissue work), breathing and mindfulness to help reduce stress, improve concentration, develop strength and flexibility and relieve pain.

Wednesdays: 5:30—6:45 p.m.

$105 per 8-week session—Residents

$130 per 8-week session—Non-residents

Instructor: Maria Doherty

Minimum enrollment: 5 students

NO CLASS: November 11

Make Check Payable to: **Maria Doherty**

Demonstration Class: $20.00/hour

Saturday, September 12—11:00 a.m.-1:00 p.m.

Two one hour demonstrations will be offered. Interested participants may stop in either at 11:00 or 12:00 for a one-hour demonstration.

Tai Chi - 9/23—11/18

This internal martial arts class consists of step-by-step instructions and therapeutic stretch exercises, which enhance internal health & unblock the meridians in the body. To activate qi and balance yin and yang, a combination of rhythmic breathing and slow, fluid movements contribute to a serene, but aware state of mind. Students feel more grounded and balanced. Regular practice relieves insomnia, arthritis, headaches, and stress.

Wednesdays: 1:30—2:30 p.m.

$150 per 8-week session—Residents

$190 per 8-week session—Non-residents

Drop In: $35—Residents; $44—Non-residents

Instructor: Louise Liu

Minimum enrollment: 7 students

NO CLASS: November 11

Make Check Payable to: **Louise Liu**

Art Splash - 9/29—11/17

Relax and have fun painting your own original masterpiece. At least four of the projects in this series have a "teamwork" component for couples that would result in twinned projects, which, when hung together, would complete the other.

Tuesdays: 4:30—6:30 p.m.

$200 per 8 - week session—Residents.

$250 per 8 - week session—Non-residents

Couples must enroll individually

Drop In: $24—Residents; $30—Non-residents. ADVANCED NOTICE TO THE VILLAGE OFFICE REQUIRED! Email: ccv@montgomerycounymd.gov to register for drop-ins.

Instructor: Teresa Lunceford

Minimum enrollment: 7 students

Make Check Payable to: **Abrakadoodle**

****Price includes all materials and an apron will be provided****

Chevy Chase Village
2015 Fall Class Registration Form

Student's Name_____

Name of Parent/Guardian (if child)_____

Address_____

Telephone_____ ***Email*** _____

Class _____ ***Payment*** _____ ***Village Resident? Yes***___ ***No***___

Waiver of Liability and Release

Signature required for all classes!

I, individually and/or as the parent/guardian of the minor child named above recognize that Chevy Chase Village is not responsible for the content or teaching of this course/activity and makes no warranties, and specifically disclaims any warranties, with respect thereto.

I/my minor child, am participating in the course/activity upon the express agreement and understanding that I am hereby waiving and releasing Chevy Chase Village, its officers, managers, employees and agents from any and all claims, costs, liabilities, expenses or judgments including attorneys' fees and court costs (herein, collectively referred to as "claims") arising out of my or my child's participation in the aforesaid course/activity and any illness injury or death resulting therefrom, and hereby agree to indemnify and hold harmless Chevy Chase Village, its officers, managers, employees and agents from and against all such claims except claims proximately caused by the gross negligence or willful misconduct of Chevy Chase Village

As a participant in any program or class offered at Chevy Chase Village, I, or my minor child, recognize and acknowledge that there are possible risks of physical injury, and I, or my minor child agree to assume the full risk of injuries, including death, damages or loss that I, or he/she may sustain as a result of participating in any activities connected or associated with such program or class.

I am over the age of eighteen years and competent to enter into this waiver and release. I hereby execute and deliver this waiver and release voluntarily and with full understanding of the contents and consequences thereof and to induce Chevy Chase Village to permit me, or my minor child to participate in the program at Chevy Chase Village Hall.

_____ _____

Signature of Participant OR Participant's Parent/Guardian (if under the age of 18 years) Date

For Office Use Only:

Amount Received:_____

Date Received:_____

Received By:_____